

Discovery Bible Process

The **WHAT** and the **WHY** of the **DBS Process**

The What

The Why

I. CONNECT QUESTIONS

- What are you **THANKFUL** for?
- What's a **CHALLENGE** you're facing right now?
- How did you do with your last "I WILL" Statement and did you share with others?

- The questions are non-threatening and simple, allowing anyone to share
- These questions are not overtly "spiritual" at first, but they become the foundation for key aspects of following Jesus in community: *Thankfulness* leads to worship and praise, *discussing our challenges* leads to confession and vulnerability, *re-connecting on "I WILL" Statements* leads to accountability

II. DISCOVERY QUESTIONS

- **READ** the passage out loud
- Someone **RE-TELL** it in their own words
- Ask simple questions like:
 - **WHAT STANDS OUT TO YOU?**
 - **WHAT DOES THIS PASSAGE TELL US ABOUT GOD?**
 - **WHAT DOES THIS PASSAGE TELL US ABOUT PEOPLE?**

- Discovering truth on your own (or in a group) is always more powerful than simply being told the truth
- Simple questions like these allow everyone to "be on the same page"
- The Discovery Process truly allows the Holy Spirit to be the teacher rather than a person, helping to avoid false teaching or over-dependence on a gifted individual
- These questions help create spiritually hungry disciples who are "self-feeding." They teach people *HOW* to *hear from God*, not just what the text says
- These questions are theologically "safe," as well as spiritually deep
- These questions are **REPRODUCIBLE** in every setting. This empowers anyone and everyone to make disciples wherever they are at

III. GO QUESTIONS - Next Steps

- How can you specifically live this text out?
Everyone creates an "I WILL" Statement
- Whom are you going to tell about what you discovered?

- These questions are the most important in the whole process
- DBS groups focus on response (obedience) over gaining knowledge. "I WILL" Statements are incredibly important. Make them as specific as possible (the more vague, the harder to accomplish)
- By focusing on obedience, people experience God throughout the week, and begin their discipleship by *following* rather than merely *agreeing* or *liking* with what God told them
- When people who are just discovering God tell others what they're learning, new groups and viral growth is possible! People notice changed lives!

TIPS for FACILITATORS

1. Leaders FACILITATE, They Don't Teach

- This allows everyone to participate and discover truth together
- This makes it possible to reproduce
- This allows the Holy Spirit to be the teacher, not a person

2. Focus on the GO section, Don't Skip the Last Two Questions

- Obedience is the main goal, not acquiring knowledge
- By always focusing on what to do and who to share something with, We help form new disciples who possess the DNA of surrendering to Jesus and proclaiming his truth from the very beginning

3. Try to Stay in the Passage and Not Bounce Around

- This allows everyone to stay on the same page, no matter how mature or undeveloped people are in their faith journeys
- Often people who are new to discovering God can feel like an outsider if others keep referencing different passages in the Bible
- Zooming in on one story helps focus the group instead of tackling too much in one setting

4. Pass Off Leadership - Allow Others to Facilitate

- Do this as soon as possible - It helps groups not be dependent on one dominant leader
- Model and pass off. This actually serves to train people how to make disciples. Anyone can ask the questions

5. Multiply - Who Can Start Their Own Group?

- Set this vision from day one. Empower people to reach their own friends and family by starting a Discovery Group on their own
- They don't need to be an expert. There's no qualifications needed to be a DBS facilitator...just a willingness to discover God together
- The goal is not necessarily to "grow" groups by addition, but instead to multiply
- Sometimes people will stay in the original group while starting new groups; sometimes they won't. Many factors play into this and it's different for every setting, but the goal remains the same: **Multiply**. Make disciples who make disciples

6. Start with a Scripture List on DBSgroups.com

- Begin with a passage list that seems to fit the spiritual curiosity of the group. Check out "10 Stories of Hope" or "Journey of Jesus"
 - Move on to other Scripture lists depending on the group. The Next-Steps lists focus on further discipleship, Baptism, etc
 - On-going fellowships (simple church gatherings) can emerge from groups. As disciples are being formed, the group can move on to a list helping the group transition into more mature expressions of the gathered Body of Christ
-